

## **Become an NIBD Member**

Whether you are living with IBD, have a child, friend or loved one who was diagnosed with Crohns disease or ulcerative colitis, you can help to find a cure and support nutrition science and bowel disease research by becoming a member of **The Foundation for Nutrition and Inflammatory Bowel Diseases in Children, (NIBD)**.

Becoming a member will help to support and raise awareness about the critical role nutrition plays in managing IBD. When you become an NIBD member you will receive our NIBD Resource Food List, NIBD recipes, and access to our private online support group where you can connect with other members and families living with IBD. Most importantly, you will have the gratification of knowing that you are advancing nutrition science research for a better quality of life and eventual cure for those living with IBD.

To become a member of NIBD or renew yearly membership:

- Online via our secure server
- Mailing a check for **\$50** made out to **NIBD, Inc. 354 N. Iowa Avenue, N. Massapequa, NY 11758**

Join us and change the way we look and live with IBD!